### 2009 Old Timer's Swim Meet @ Valleybrook Swim Club (302) 998-1011 SATURDAY, JULY 11, 2009 2:00 Warm-Up 3:00 Start

Join the fun at this year's *OLD TIMER'S SWIM MEET!* Organize a team of 10 or more swimmers and get a reduced entry fee! This year the meet promises to be the most fun with the best prizes!! There will be awards for teams with the most entries, team cheering contests, and teams with the most team spirit! You don't have to be a great swimmer – just come to have fun! If you are a good swimmer – go for a new record!! Organize your team today! **Register by July 1st** – 7:00 PM - to get your free T-Shirt! If you have any questiOns, please contact: Andrew 302-383-0626 aaustria@ingdirect.com.







Please return entry fee (CHECKS only - made out to Valleybrook Swim Club) and your entry form(s) to Valleybrook Swim Club – Located @6 E. Parris Dr., Cedarcrest Wilmington, DE 19808

### **EVENTS:**

- Medley Relays 100yd
- Free Relays 100yds
- Breastroke 25, 50yds
- Free 25, 50, 100yds.
- Fly 25, 50yds
- IM 100yds
- Backstroke 25, 50, 100yds

### **TEAM ENTRY FEES:**

1-9 Swimmers \$15.00/each swimmer 10-15 Swimmers \$12.00/each swimmer 16+ Swimmers \$10.00/each swimmer

OPEN TO ANYONE AGES 19+!! \*\*New age groups: 19-30 or 31+ \*\*\*

### Full Snack Bar will be available: Burgers, Hotdogs, Fresh Fruit, snacks & baked goods.

Free Admission for swimmers entered in events. Admission charge of \$3.00 for spectators. Please come out and cheer on your favorite teams on.

# Valleybrook 2009 Old Timer's Swim Meet Signup Sheet

NAME:\_\_\_\_\_ AGE GROUP: 19-30 or 31+ CIRCLE: M or F POOL: \_\_\_\_\_ Shirt Size M L XL (circle one) YOUR PHONE NUMBER: \_\_\_\_\_ YOUR EMAIL: \_\_\_\_\_ EVENTS YOU WANT TO SWIM: (No limit!! Swim as often as you want! Be warned, however, that we have no control over how close together your events may be. No additions will be accepted on the day of the meet) NAME:\_\_\_\_\_ AGE GROUP: 19-30 or 31+ CIRCLE: M or F POOL: \_\_\_\_\_ Shirt Size M L XL (circle one) YOUR PHONE NUMBER: YOUR EMAIL: \_\_\_\_\_ EVENTS YOU WANT TO SWIM: (No limit!! Swim as often as you want! Be warned, however, that we have no control over how close together your events may be. No additions will be accepted on the day of the meet) \_\_\_\_\_ NAME:\_\_\_\_\_\_ AGE GROUP: 19-30 or 31+ CIRCLE: M or F POOL: \_\_\_\_\_ Shirt Size M L XL (circle one) YOUR PHONE NUMBER: \_\_\_\_\_ YOUR EMAIL: EVENTS YOU WANT TO SWIM: (No limit!! Swim as often as you want! Be warned, however, that we have no control over how close together your events may be. No additions will be accepted on the day of the meet)

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